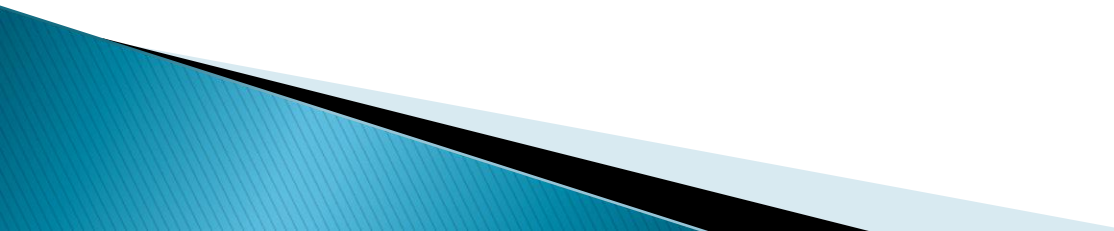


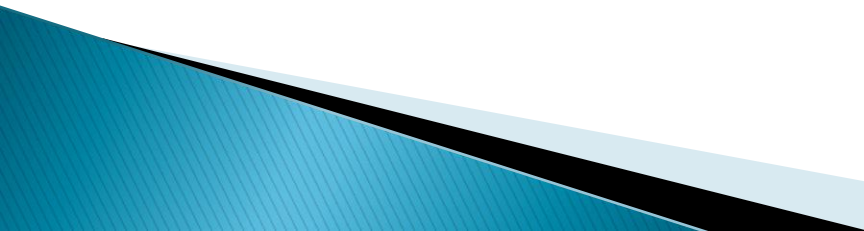
Betrayal and Repetition: Understanding the Female experience of Sibling incest

By
Scholastic Adeli

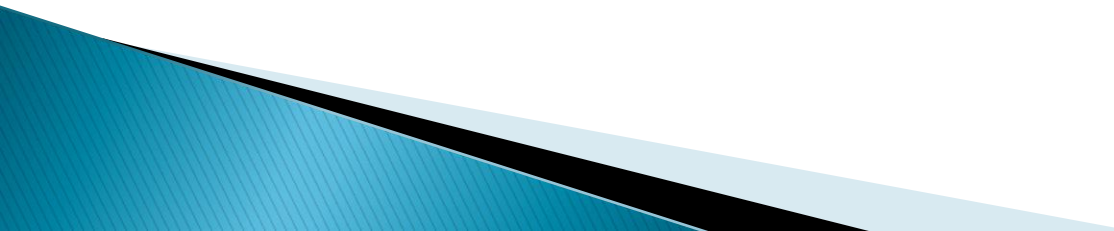
Introduction

- Incest is sexual relationship between close relatives.
 - Sibling incest is when a more powerful sibling (brother) bribes or threatens a weaker sibling (sister) into sexual activity that must be kept secret.
 - Siblings are those children who grow up in the same family and are either step foster, adopted or related by birth.
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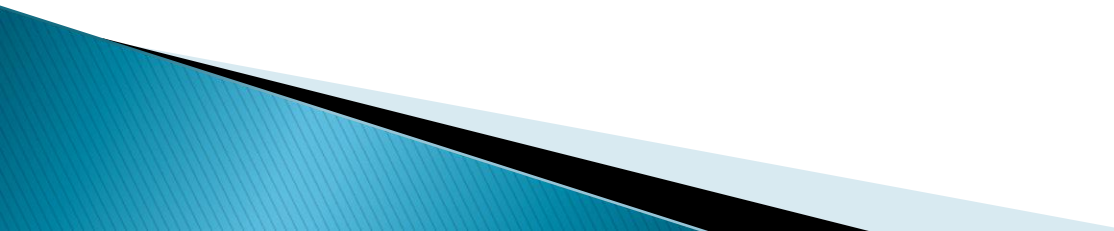
Sibling incest

- ▶ Sibling incest being recognized as one of the most serious form of intrafamilial incest.
 - ▶ Considered a taboo in most societies even in the bible (Lev:18:6–9).
 - ▶ Incestuous act involves inappropriate touching, fondling, intercourse, watching sexual activity or pornography, watching others shower or use toilet.
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Sibling incest cont

- ▶ Sibling incest rarely reported
 - ▶ U.K study involving n=3000 established that fathers committed 1% while sibling 14% of intrafamilial incest.
 - ▶ Sibling incest occurs over a lengthier period and has higher penetrative acts.
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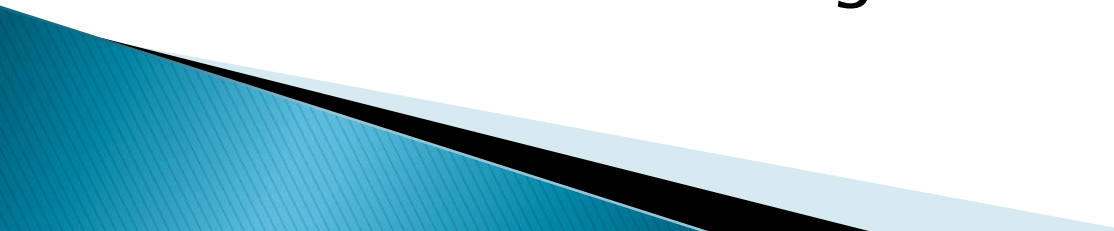
Methodology

- ▶ Survey involving 130 girls attending a 2009 teens camp.
 - ▶ Girls were aged 13–19 years.
 - ▶ Questionnaires and group discussions used.
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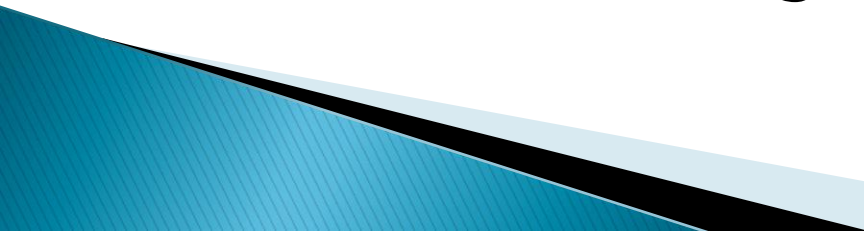
Frequency distribution

AGE	NUMBER	PERCENTAGE (%)
13	24	18.0
14	32	24.6
15	44	33.8
16	13	10.0
17	10	7.7
18	4	3.0
19	3	2.3
TOTAL	130	99.9

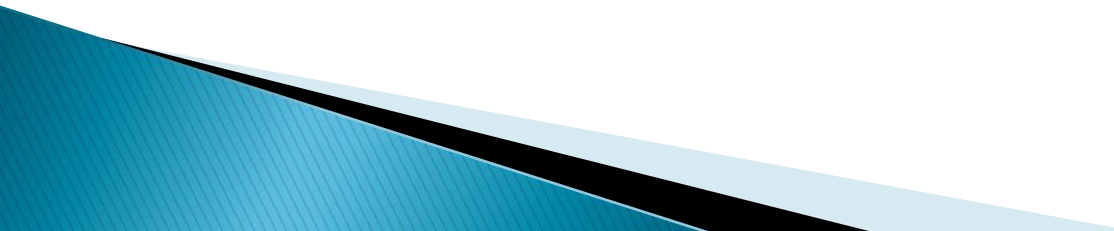
Results

- 78% have had a childhood sexual experience with an older brother.
 - 30% the victims found the incident upsetting and has caused them emotional harm.
 - 22% had the incestuous act repeatedly done after a threat to keep secrecy.
 - 18% said that the act started while they were young.
 - 2% feel guilty but are safe relating with a brother than stranger.
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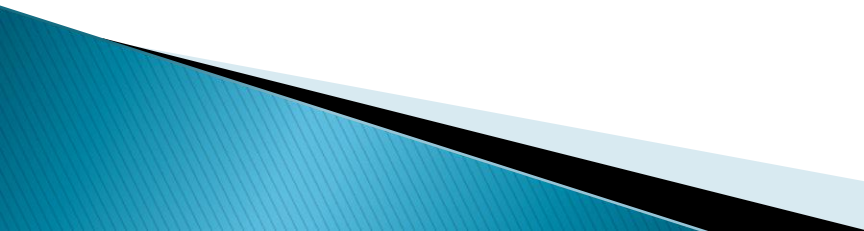
Results cont

- All girls considered incest only to involve intercourse.
 - Of the 130 girls, 52 of them knew about incest through face book.
 - Others lured into it by visiting incest sites in the company of brothers.
 - Occurs because siblings know and trust each other.
 - Not reported because of being coerced, parents want to preserve family unit and sometimes fear, guilt, or shame.
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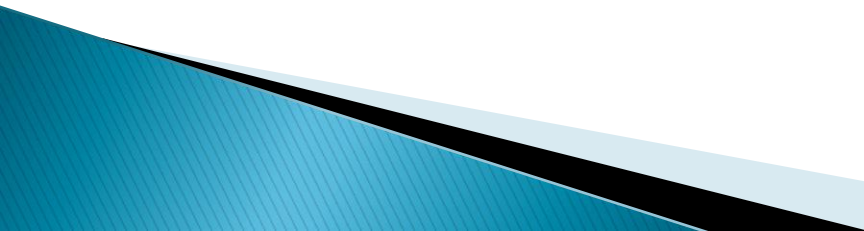
Results cont

- ▶ 66% have questions but do not trust anybody to share with.
 - ▶ All the affected girls were willing to start a counselling program.
 - ▶ 92% are in favour of group therapy and awareness talks.
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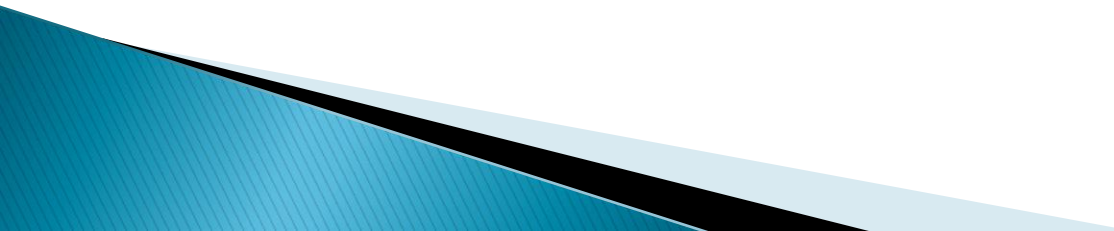
Causes of sibling incest

- ▶ Physically/emotionally distant and inaccessible parents (18%).
 - ▶ Home sexual climate—repressed sexuality and visible sexual behavior.
 - ▶ Learned behavior—Pornography(24%).
 - ▶ Witness of sexual abuse by father.
 - ▶ Need for love and belonging (4%).
 - ▶ Stressed parents neglect children.
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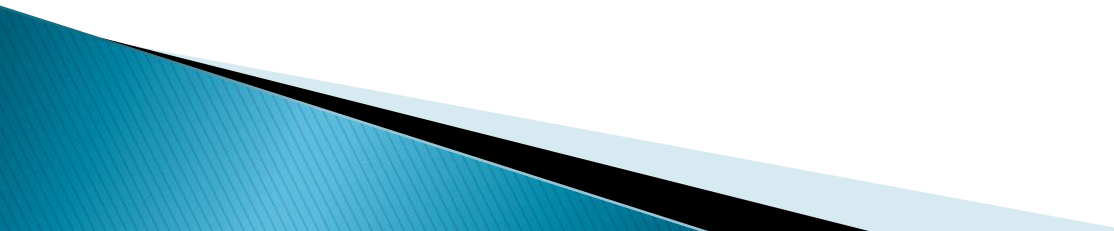
Effects of sibling incest

- Boys focus on sexual experience.
 - Girls view incest intrapersonally.
 - Self blame, guilt, shame, fear, anger, helplessness.
 - Trust violated.
 - Hatred of males.
 - Amnesia, nightmare, poor self esteem, withdrawal, depression, confusion, poor performance in school and anxiety.
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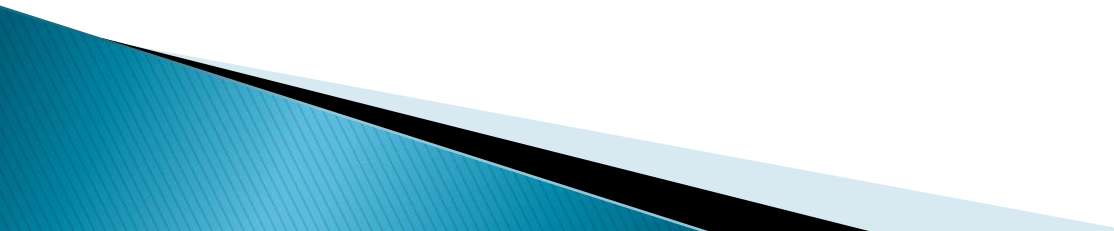
Counseling intervention

- ▶ Girls need to confront own feelings.
 - ▶ Admit that it has happened.
 - ▶ Group therapy so as not to feel alone and receive immediate feedback.
 - ▶ Awareness talks necessary to understand concept of incest.
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Recommendations

- ▶ Discuss activities of the day.
 - ▶ Talk about sexuality, appropriate to age of children.
 - ▶ Schools to present sexual abuse prevention programs.
 - ▶ Find out where, how and with who children play with.
 - ▶ Teach children about their bodies.
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Conclusion

- ▶ Incest victims need to admit that it has happened and seek help otherwise the incestuous effects can affect adult relationships.
 - ▶ Sibling incest is indeed a betrayal of innocence.
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◦ **THANK YOU**

