

# HTC among clients seeking VMMC in Kisumu



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# Introduction



- 2007 MC endorsed as a HIV prevention strategy
- National program of VMMC launched in November 2008
- Minimum package of services has 5 elements
- Provision of complete standard package started at UNIM in Sep 2009
- We reviewed service statistics at UNIM before and after integration of VMMC to assess its effect on other SRH services

# Context

- UNIM Clinic is a male Sexual reproductive health center at Lumumba in Kisumu
- Activities– STI / VCT/ VMMC/ training, Research
- All services provided in compliance with existing National guidelines
- VMMC – Consolidated during RRI (Nov/Dec 2009)



# Service Package

## **MC Service package**

- Counseling for MC and HIV testing
- Promotion and distribution of condoms
- Clinical examination-
- Management of STI and other genito-urinary conditions
- Surgical excision of foreskin using forceps guided method
- Post operative care, risk reduction counseling and Follow up

## **MC Service provision team (4)**

- MO/RCO/RN-Surgeon
- Nurse- assistant surgeon
- Counselor-(skilled in rapid HIV testing)
- Hygiene officer

# Objective



To assess the potential effect of MC program roll out on other SRH services , using change in STI and HTC service volume as markers of this effect

# Methodology



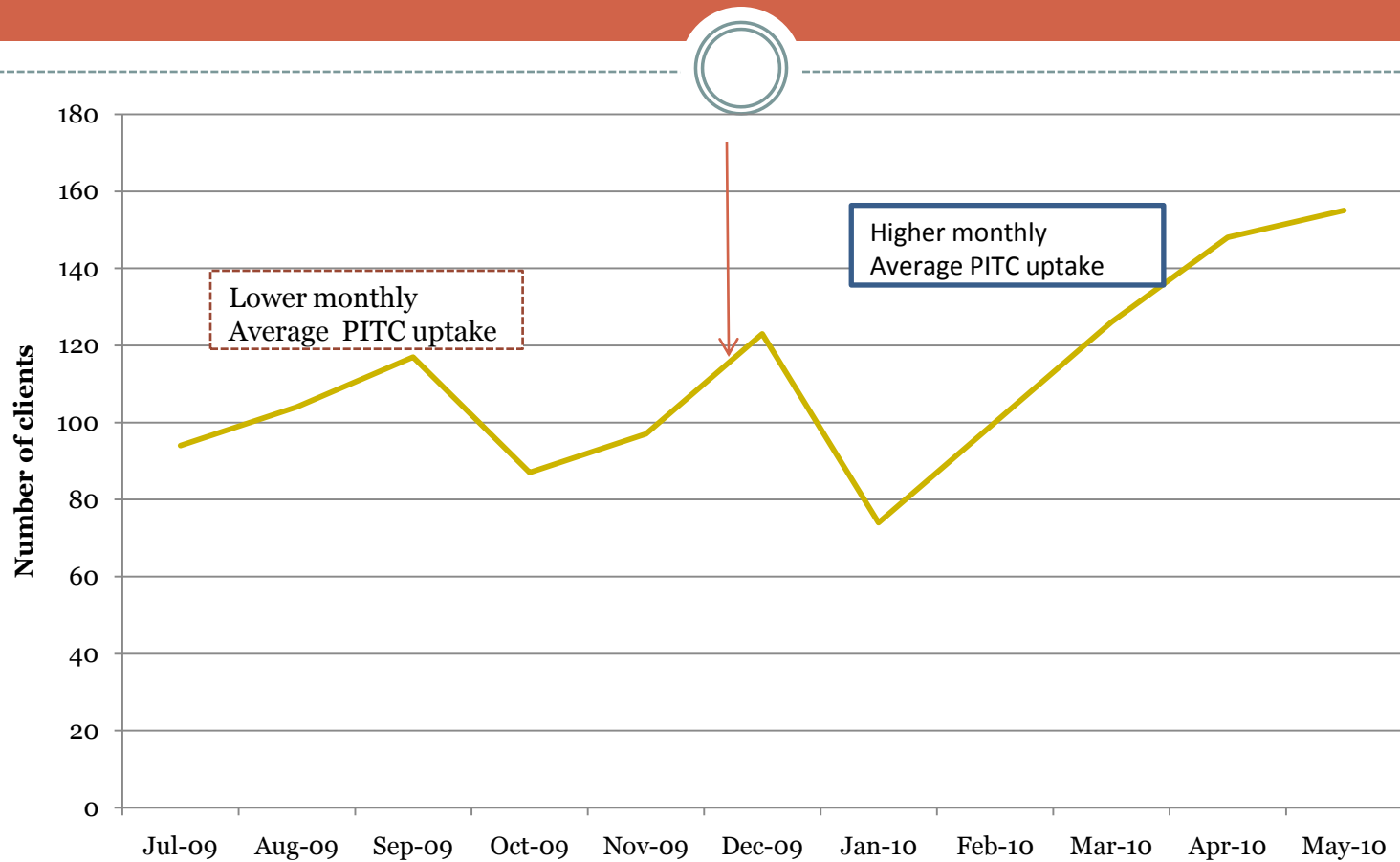
- We reviewed VCT, PITC and STI service statistics at UNIM Clinic covering a period of six months before and five months after the integration of VMMC.
- We compared service uptake before and after introduction of MC.

# Summary of results



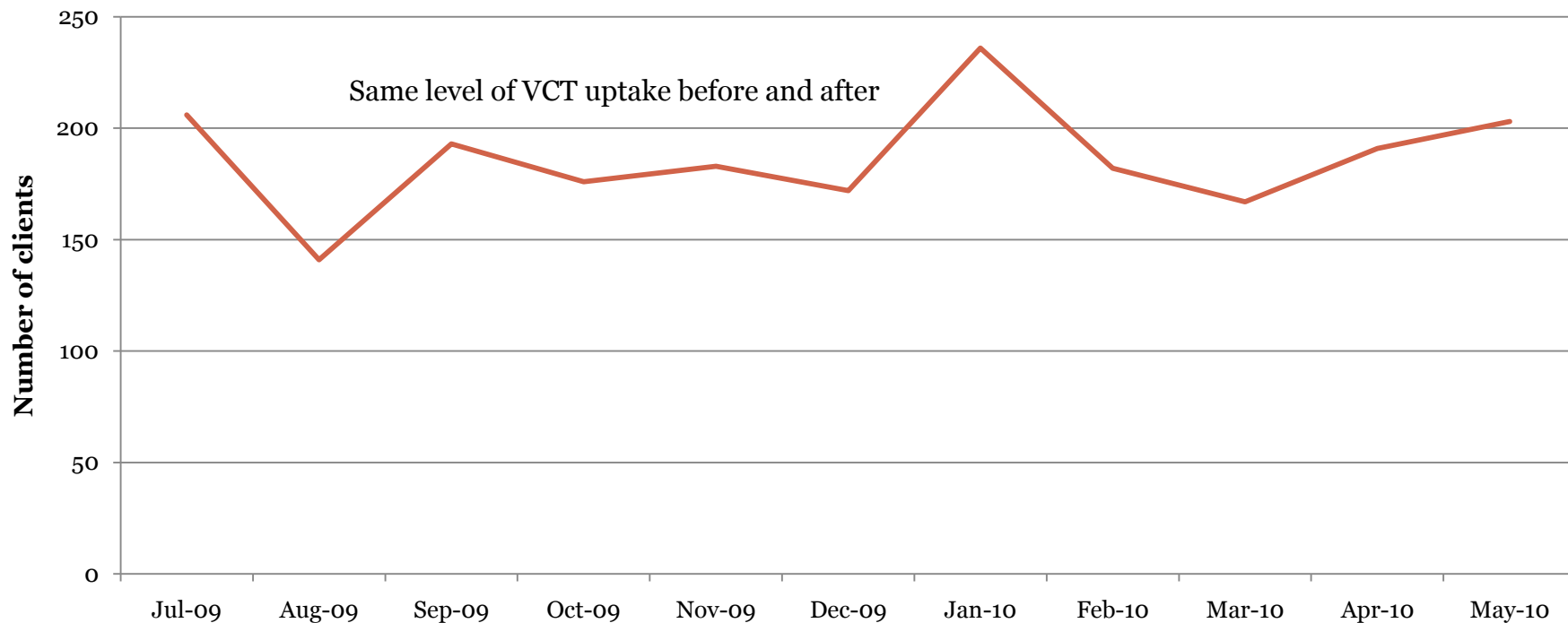
- There is an increase in PITC output following integration of VMMC in the clinic.
- The number of clients served in the context of VCT did not change much even after the integration of VMMC.
- There was a dramatic increase in STIs cases after the integration.

# PITC Uptake before and after integration of VMMC

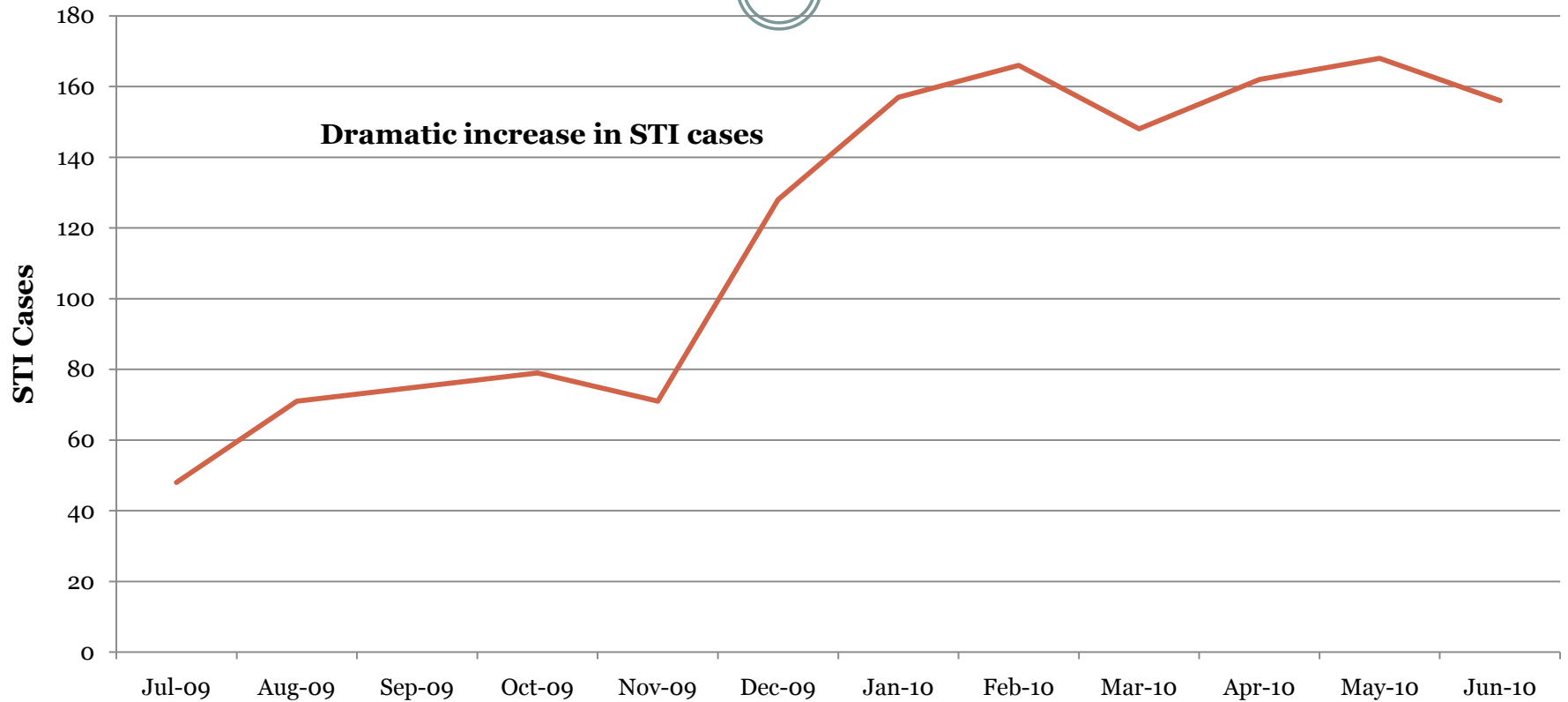




# VCT Uptake before and after integration of VMMC



# STI cases recorded before and after integration of VMCC



# Lessons Learnt



- If provided as standard minimum package, VMMC promotes uptake of HTC, STIs.
- Scale up effects of VMMC is more pronounced for STIs and HTC cases.

# Recommendations



- The concept of minimum package of services as applied in Kenya's MC program is effective in scaling up other complementary HIV prevention services.
- This approach should be explored for application to other ongoing and new programs to come.

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Thank You

