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LOCALIZATION OF THE THEORIES OF COUNSELING

ABSTRACT

The theories of counseling being used across the globe have been standardized in the American Society. This paper argues that they cannot be adopted fully without modification if they are to be used in Kenya to serve the people. It advocates for re-examination with a view of making them relevant to the Kenyan situation.

The dynamics of research into the theories of counseling

- **Language**
- **Supervision or follow up of practitioners**

The dynamics of research into the theories of counseling

- **Training in the use of specific theories**
- **Delivery of counseling education**
- **Room for innovation and new ideas**
- **Charging of counseling services**

The theories:

Person centered

Gestalt

Family systems

Recommendations and implications on practice

- **Proper record keeping to allow room for growth**
- **A unified body that registers and supervises counselors**
- **Frequent publications of research findings to allow room for furhter research**

Recommendations and implications on practice

- **Allow room for feed back from clients.**

Conclusion:

One of the ways to make counseling more effective is to come up with ways that are as practical as possible to the local.

THANK YOU!