HTC among clients seeking VMMC in Kisumu

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Introduction

- 2007 MC endorsed as a HIV prevention strategy
- National program of VMMC launched in November 2008
- Minimum package of services has 5 elements
- Provision of complete standard package started at UNIM in Sep 2009
- We reviewed service statistics at UNIM before and after integration of VMMC to assess its effect on other SRH services
UNIM Clinic is a male Sexual reproductive health center at Lumumba in Kisumu
- Activities– STI / VCT/ VMMC/ training, Research
- All services provided in compliance with existing National guidelines
- VMMC – Consolidated during RRI (Nov/Dec 2009)
MC Service package

- Counseling for MC and HIV testing
- Promotion and distribution of condoms
- Clinical examination
- Management of STI and other genito-urinary conditions
- Surgical excision of foreskin using forceps guided method
- Post operative care, risk reduction counseling and Follow up

MC Service provision team (4)

- MO/RCO/RN - Surgeon
- Nurse - assistant surgeon
- Counselor -(skilled in rapid HIV testing)
- Hygiene officer
To assess the potential effect of MC program roll out on other SRH services, using change in STI and HTC service volume as markers of this effect
Methodology

- We reviewed VCT, PITC and STI service statistics at UNIM Clinic covering a period of six months before and five months after the integration of VMMC.

- We compared service uptake before and after introduction of MC.
Summary of results

- There is an increase in PITC output following integration of VMMC in the clinic.
- The number of clients served in the context of VCT did not change much even after the integration of VMMC.
- There was a dramatic increase in STIs cases after the integration.
PITC Uptake before and after integration of VMMC
VCT Uptake before and after integration of VMMC

Same level of VCT uptake before and after
STI cases recorded before and after integration of VMMC

Dramatic increase in STI cases
Lessons Learnt

- If provided as standard minimum package, VMMC promotes uptake of HTC, STIs.

- Scale up effects of VMMC is more pronounced for STIs and HTC cases.
Recommendations

- The concept of minimum package of services as applied in Kenya’s MC program is effective in scaling up other complementary HIV prevention services.

- This approach should be explored for application to other ongoing and new programs to come.
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Thank You